



St.Thomas College of Arts and Science

Affiliated to the University of Madras

Department of Physical Education

Koyambedu, Chennai

DATE: 30-11-2021

TIME: 07.AM

VENUE: DGV

GAME: BADMINTON

Match : First Round : St.Thomas College Vs Dgv

Result: Lost

TOTAL: 30 College participated in the game

BENEFICIARIES: Students Name

S.NO	NAME OF THE PLAYERS	CLASS/SECTION
1.	PRINCE CALVIN	IIIB.COM(C)
2.	SUBASH CNANDRA BOSE	IIIB.COM (A)
3.	A.HARISH	I B.COM
4.	A.ASHWANTH.A	I B.COM
5.	NOVEL	III BBA





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DATE: 01-12-2021

TIME: 07.30PM

VENUE: DGV College

GAME: VOLLEYBALL

Match : Fist Round : St.Thomas College vs Dr.Ambedkar

Result: Lost

Total 30 College participated in the Game

BENEFICIARIES: Students Name

S.NO	NAME OF THE PLAYERS	CLASS/SECTION
1.	JOHN SIMEON .A	IIB.SC EM
2.	JOEL PAUL JOHN .A	I M.SC VISCOM
3.	ASLAM KHAN .J	III B.COM AF
4.	GOWTHAMAN.S	IIIBCA
5.	CHANDRAN SEKAR.D	III B.COM BM
6.	PRATHAP.K	IB.COM
7.	SARVAN KUMAR.R	III BCOM
8.	RAHUL.R	IIIB.CS
9.	TEJA.M	III.B.SC SHIFT II
10.	RAMANIDHI.S	III B.SC
11.	DILLI BABU.V	I BBA
12.	MANOJ KUMAR.J	IB.COM



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DATE: 03-12-2021 TO 04-12-2021

TIME: 07.30PM

VENUE: DRBBC

GAME: KABADDI

Matct: First Round: St.Thomas College vs Smasc

Result: Rost (9 point)

Total 30 College Participated in the Game

BENEFICIARIES: Students Name

S.NO	NAME OF THE PLAYERS	CLASS/SECTION
1.	ABDUL RAHMAN.M	II B.COM
2.	SAKTHI.M	IB.COM
3.	VISHNUKARTHIKEYAN.K	IB.COM AF
4.	KARTHIK.M	IB.COM AF
5.	PRAVEEN KUMAR.V	II B.SC CS
6.	OLIMUTHU.B	II BCA A
7.	AKASH.R	II B.SC PSY
8.	BHARTH KUMAR. P	I B.COM
9.	MANIKANDAN.M	IBCA B
10.	SURESH KUMAR .R	IBCA B
11.	SRIRAM.M	IIIB.SC
12.	SANJAY.M	III B.COM





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DATE:15-12-2021 TO 16-12-2021

TIME: 07.30PM

VENUE: PACHAIYAPPAS COLLEGE

GAME: KHO KHO

Match: First Round: St.Thomas College VS Pachaiyappas

RESULT: lost (16 point)

TOTAL: 30 College participated in the Game

BENEFICIARIES: Students Name

S.NO	NAME OF THE PLAYERS	CLASS/SECTION
1.	SYED SUJJAD.G	III BCA
2.	AKASH KUMAR.S	IIIB.COM
3.	SASI KUMAR.S	IIIB.COM
4.	ARUN.P	III B.COM
5.	DHASHADNAMOORTHY.V	IB.COM
6.	SANTHA KUMAR.S	IB.COM
7.	IRRAN SHARIFF.F	IB.COM
8.	CHANDRU	IIIB.COM
9.	NANDHA KUMAR	IIIB.COM
10.	KAMALESH.S	IIIB.COM
11.	VIGNESH.A	IIIB.COM
12.	SIVAPRASATH.E	IBCA





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DATE: 20-12-2021 TO 24-12-2021

TIME: 07.30PM

VENUE: JAWAHARIAL NEHRU STADIUM

GAME: ATHLETICS

RESULT: lost

TOTAL: 30 College participated in the Game

BENEFICIARIES: Students Name

S.NO	NAME OF THE PLAYERS	CLASS/SECTION
1.	TONYBLAIR.J	II B.SC CS
2.	DHANUSH.R	IIB.COM
3.	GOPINATH.K	IIIB.SC.VISCOM
4.	BATHKUMAR	IB.COM
5.	SURESH KUMAR.A	I BCA
6.	VIGNESH.A	IB.COM
7.	LINESWARAN.D	IBCA
8.	VIGNESH.D	IIB.SC EM
9.	MATHANKISHORE.M	IIBA ENG
10.	SIVAPRASTH.E	IBCA
11.	SATHISHKUMAR.K	IB.COM





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DATE: 12-12-2021 TO 13-12-2021

TIME: 07.30PM

VENUE: KRMMC

GAME: WEIGHT LIFTING/POWERLIFTING/BP

RESULT: Lost

TOTAL: 45 College participated in the Game

BENEFICIARIES: Students Name

S.NO	NAME OF THE PLAYERS	CLASS/SECTION
1.	LOKERS.R	IB.COM
2.	PRASHANTHKUMAR.B	IB.SC PSY
3.	RANJITH	IB.SC PSY
4.	JAYAVARMAN.J	IB.COM AF
5.	PRHASVEESSH.V	IB.COM AF
6.	MADHAVAN.V	IIIB.M
7.	VIGNESHWARAN.M	IIBA.ENG



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DATE :7-03-2022

TIME:07.30PM

VENUE: JN STADIUM

GAME: ATHLETIC

EVENT: 4X400 RELAY

RESULT: THIRD PLACE

TOTAL: 50 College participated in the Game

BENEFICIARIES: Students Name

S.NO	NAME OF THE PLAYERS	CLASS/SECTION
1.	LINGESWARAN.D	IBCA
2.	TONY BLAIR.J	II B.SC CS
3.	MATHANA KISHORE.M	II BA.ENG
4.	PRASANTH.K	IBCA





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DATE: 19-09-2019 TO 22-09-2019

TIME: 07.30PM

VENUE: PONDICHERRY AMATEUR ASS

GAME: BOXING

RESULT: GOLD (48KG-51KG)

BENEFICIARIES: Students Name

S.NO	NAME OF THE PLAYERS	CLASS/SECTION
1.	SIBI VARGHEESE	III B.COM





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WEBINAR

- 1. DATE: 24/06/2020**

TIME: 03.00 PM

VENUE: GOOGLE MEET

TITLE: YOGA IS WAY OF RIGHT LIVING
- 2. DATE: 18/06/2021**

TIME: 10.00A

VENUE: GOOGLE MEET

TITLE: THE EFFECT OF ACUPUNCTURE OF COVID
- 3. DATE: 24/06/2021**

TIME: 3.00PM

VENUE: GOOGLE MEET

TITLE: YOGIC PRACTICES FOR BOOSTING IMMUNE SYSTEM


Mr. Shibi Mathai
IQAC Coordinator


Dr. T. Selvaganapathi
Physical Director


Dr. N. Thangavel
Principal